

SENIORS DAY PROGRAM

JANUARY 2018

MONDAY	TUESDAY	THURSDAY	FRIDAY
1 NEW YEARS DAY	2 10:00 Coffee Social B/P & Weights 11:00 Light Exercise 12:15 Lunch 1:15 Shuffleboard	4 10:00 Coffee Social Council Meeting 11:00 VON SMART Exercise 12:15 Lunch 1:15 Sing a Long	5 CLOSED
8 CLOSED	9 CLOSED	11 CLOSED	12 CLOSED
15 10:00 Coffee Social Word in a word 11:00 VON SMART Exercise 12:15 Lunch 1:15 Wheel of Fortune	16 10:00 Coffee Social Bean Bag toss 11:00 Light Exercise 12:15 Lunch 1:15 HOME EARLY	18 10:00 Coffee Social Ice Breakers 11:00 VON SMART Exercise 12:15 Lunch 1:15 BINGO	19 10:00 Coffee Social Right center left 11:00 Light Exercise 12:15 Lunch 1:15 CRAFT
22 10:00 Coffee Social Thumb Ball 11:00 VON SMART Exercise 12:15 Lunch 1:15 Shuffleboard	23 10:00 Coffee Social Trivia 11:00 Light Exercise 12:15 Lunch 1:15 Ladder Ball	25 10:00 Coffee Social You Decide 11:00 VON SMART Exercise 12:15 Lunch 1:15 Wheel of Fortune	26 10:00 Coffee Social Guggenheim 11:00 Light Exercise 12:15 Lunch 1:15 Sing a Long
29 10:00 Coffee Social Find it! 1:00 VON SMART Exercise 12:15 Lunch 1:15 BINGO	30 10:00 Coffee Social UNO 11:00 Light Exercise 12:15 Lunch 1:15 HOME EARLY		TO BOOK OR CANCEL CALL LESLIE @ 705-355-1022 EXT.238 PLEASE LEAVE MESSAGE