

WENDAT UPDATE



Executive Director's Message
Andrea Abbott-Kokasin

Since our last newsletter in March, the organization and staff have experienced many successes and some challenges. Many staff participated in training and

educational opportunities such as Intensive Cultural Sensitivity Training, Mental Health First Aid, Psychiatric Rehabilitation Training and 4 days of training and case reviews with Dr. Craig Beach.

We wrapped up the 2016/2017 financial year and underwent our annual audit. The Annual General Meeting will be held on October 24th, 2017 and we hope to see all our staff, board members and clients at the meeting. You will find more details about this event below.

We also wrapped up the first full year of operations for the Lorna Tomlinson Residence for Seniors. I am pleased to report that all of the construction is completely finished. In addition, as of June 2017 all of the rooms are occupied.

Wendat staff continues to participate in many health system networks and collaborative planning tables to ensure that all of the needs of our clients are met.

The 13th Annual Boston Pizza Wendat Charity Golf Scramble was held on June 26th and an amazing **\$40,832** was raised to be used towards client transportation.

The Board of Directors is working on a new Strategic Plan. Over the summer, we reached out to clients, Board Members, volunteers, staff and partners to get their feedback about Wendat's strengths, weaknesses, opportunities and threats via a stakeholder survey. Thank you very much to all who participated.

On August 1st, the SEGBay Chamber of Commerce hosted their 4th annual golf tournament supporting Georgian Bay General Hospital and Wendat. A portion of the proceeds will be coming to Wendat soon.

Wendat can now accept Visa, Mastercard or Amex for donations or payments. This can be done by visiting the office or over the phone. Soon, you will be able to make a donation on Wendat's website using a credit card.

As always, Wendat is a busy place welcoming new staff and clients, initiating new programs and working with partners in new ways. Our biggest challenge remains ensuring that we have enough funds to continue to offer all of our programs and services, and to meet the growing demand for more service.

Wendat Community Programs
ANNUAL GENERAL MEETING
Tuesday October 24, 2017

The Lorna Tomlinson Residence
for Seniors
44 Dufferin Street
Penetanguishene

6:30 pm Registration
7 pm Business Meeting
*Please join us following the meeting
for light refreshments*

For more information or to RSVP,
please contact Linda at
705 526-1305 ext 232
or linda@wendatprograms.com

Wendat Update
September 2017

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Wendat Community Programs

Providing Adult Mental Health Services and Services for Seniors across Simcoe-Muskoka



ADULT MENTAL HEALTH SERVICES Midland-Penetang Area

Support for Independent Living Program

Wendat assists persons with serious mental illnesses to live as independently as possible with in-home case management support using the Psychiatric Rehabilitation Process. The focus is on persons in high need of support. Service is provided until 9:00 pm seven days a week with 24/7 on-call emergency support.

Housing Registry

The Wendat Housing Registry helps with the challenges of finding a place to live. This service is free to persons with mental health issues who need accommodation and to landlords who need tenants.

Brief Service

Brief Service provides the opportunity for anyone with a mental illness to receive some immediate help and assistance, on a short term basis.

Crisis Services

Crisis Services are provided 12 hours a day on week days and 8 hours a day on week-ends and statutory holidays. Persons who are in psychiatric crisis can access the service via the Emergency Room at Georgian Bay General Hospi-

tal, through referral from their family physician or by calling the Simcoe County Crisis Line at 705-728-5044.

Supported Employment

We believe in the value of people doing real work for real pay. Employment opportunities exist for persons with mental illness to be hired within the Wendat organization.

Social Club

This recreation program located in Midland, provides a place to meet friends and socialize on a regular or drop-in basis, and the opportunity to participate in formal, structured activities. Membership is free to anyone with a mental illness. Transportation services are available to ensure everyone gets home safely.

SERVICES FOR SENIORS Simcoe-Muskoka



Transition Service

Transition service acts as a bridge between the seniors' current living environment and a proposed living environment for persons exhibiting behavioural challenges. Eligible seniors may be resident in hospital, living at home or in other accommodation and moving to Long Term Care, a Retirement home or other supportive housing

option. Behaviour nurses work with the senior and their family and allied professionals, to develop a comprehensive transition care plan and behaviour management strategies. The Nurse will transition with the client to ensure a successful placement by providing 2-6 weeks of hands-on, intensive support and peer coaching to the staff/caregivers of the destination facility. This program covers the North Simcoe Muskoka region.

Mobile Social Work Service

This service is available to seniors with mental health needs who reside alone or with family and are experiencing difficulties. Eligible candidates live within the Simcoe-Muskoka region. The visiting Social Worker conducts an assessment of needs and risk identification and provides counselling, health teaching and connections to resources as needed.

SERVICES FOR SENIORS Midland-Penetang Area

Located at 44 Dufferin Street in Penetanguishene, the Senior' Residence provides supportive housing for 23 frail seniors of low income. This newly built facility provides a single bedroom with a private bathroom (or double room for couples), all meals in a common dining room, laundry services, several lounges for socializing, structured day program activities, 24/7 on site staff, enclosed courtyard and access to additional personal support services for those needing assisted living.

Assisted Living Program

Community Care Workers are available 24/7 to assist eligible seniors with a variety of day to day practical needs.

Seniors Day Program

The program provides social and recreational activities in a group setting for eligible seniors including transportation to and from the program.

Congregate Dining Program

Our in-house cook prepares nutritious meals at very low cost to those in the Day program or those living at the Wendat Seniors' Residence.



Wendat: A charitable, non-profit corporation providing support, treatment and rehabilitation services to adults and seniors in the Simcoe-Muskoka area. Since 1987, Wendat has offered adult mental health services in North Simcoe, under the guidance of a volunteer Board of Directors.

In 2007, Wendat expanded its services to include seniors with care needs across the Simcoe-Muskoka region. Funds for the programs come from government, donations, grants and our own fundraising initiatives. North Simcoe was the birthplace of the organization and so we took our name, Wendat, from the First Nations People who were the original inhabitants of the area. Like many of our clients, they survived against all odds and now live with dignity, dreams and hope.

Programmes communautaires Wendat

Prestation de services de santé mentale pour adultes et de services pour personnes âgées de Simcoe-Muskoka

SERVICES DE SANTÉ MENTALE POUR ADULTES Région de Midland-Penetanguishene

Programme de soutien à la vie autonome

Wendat aide les personnes ayant des maladies mentales graves à vivre aussi indépendamment que possible grâce au soutien à la gestion de cas à domicile reposant sur le processus de réadaptation psychiatrique. Ce programme s'adresse surtout aux personnes ayant grandement besoin d'appui. Le service est offert jusqu'à 21 h tous les jours. Un soutien d'urgence est aussi offert sur demande tous les jours, 24 heures sur 24.

Registre des logements

Le registre des logements de Wendat aide à surmonter les obstacles pour trouver un endroit où vivre. Ce service est gratuit pour les personnes ayant des problèmes de santé mentale qui ont besoin d'un logement et pour les propriétaires qui ont besoin de locataires.

Services de courte durée

Les services de courte durée permettent à toute personne ayant une maladie mentale de recevoir de l'aide immédiate pendant une courte période.

Services d'intervention en cas de crise

Les services d'intervention en cas de crise sont offerts 12 heures par jour pendant la semaine et 8 heures par jour les fins de semaine et les jours fériés. Les personnes en crise psychiatrique peuvent obtenir des services à la salle d'urgen-

ce de l'Hôpital général de la baie Georgienne sur la recommandation de leur médecin de famille ou en appelant la ligne d'écoute téléphonique du comté de Simcoe au 705 728-5044.

Emploi assisté

Nous croyons que les personnes qui font du vrai travail doivent recevoir une vraie rémunération. Wendat offre des possibilités d'emploi pour les personnes ayant une maladie mentale.

Club social

Ce programme de loisir situé à Midland permet de rencontrer des amis, de socialiser régulièrement ou à l'occasion et de participer à des activités structurées. L'adhésion est gratuite pour toute personne ayant une maladie mentale. Un service de transport apporte l'assurance que chaque personne retourne chez elle en toute sécurité.

SERVICES POUR PERSONNES ÂGÉES Région de Simcoe-Muskoka

Service de transition

Le service de transition sert de pont entre le milieu de vie actuel et le milieu de vie proposé pour les personnes âgées présentant des problèmes de comportement. Les aînés admissibles au service peuvent résider à l'hôpital, demeurer à domicile ou vivre dans d'autres logements se dirigeant vers les soins de longue durée, habiter une maison de retraite ou vivre dans un autre genre de logement de soutien. Les infirmiers, infirmières de comportement ainsi que les professionnels des domaines connexes, avec les membres de la famille, travaillent avec une personne âgée pour développer un plan complet de transition et tracent des stratégies de gestion de comportement.

L'infirmier-infirmière fera la transition avec le client pour assurer un placement réussi et fournira de deux à six semaines de soutien pratique et intensif aussi bien que l'encadrement par les pairs pour le personnel soignant de l'installation de destination. Ce service s'applique à la région de Simcoe-Nord Muskoka.

Service social itinérant

Ce service est offert aux personnes âgées nécessitant des soins de santé mentale qui habitent seules ou avec leur famille et ont des difficultés. Les candidats admissibles vivent dans la région de Simcoe-Muskoka. Le travailleur social itinérant évalue les besoins et les risques et fournit au besoin du counseling, des conseils sur la santé et des liens vers des ressources.

SERVICES POUR PERSONNES ÂGÉES Région de Midland-Penetanguishene

Située au 44, rue Dufferin à Penetanguishene, cette résidence pour personnes âgées frêles à faible revenu. Nouvellement construite cette résidence comprend ce qui suit: chambre à coucher pour une personne avec salle de bain privée (ou chambre à coucher pour deux personnes), repas servis dans la salle à manger commune, service de lessive, plusieurs salons pour socialiser, activités structurées offertes dans le cadre du Programme de jour, personnel sur place jour et nuit, cour enclouonnée et services de soutien personnels supplémentaires pour les personnes qui ont besoin d'aide à la vie autonome.

Programme d'aide à domicile

Des travailleurs en soins communautaires sont à la

disposition des personnes âgées admissibles tous les jours, 24 heures sur 24, et les aident à accomplir des activités essentielles de la vie quotidienne.

Programme de jour pour personnes âgées

Ce programme offre des activités sociales et des loisirs en groupe aux personnes âgées admissibles, y compris le transport.

Programme de repas collectifs

Les personnes qui participent au Programme de jour et celles qui vivent dans la Résidence pour personnes âgées Wendat bénéficient de repas nutritifs offerts à coût minime par nos cuisiniers sur place.

Wendat: Organisme de bienfaisance sans but lucratif fournissant des services de soutien, de traitement et de réadaptation aux adultes et personnes âgées de la région de Simcoe-Muskoka. Wendat offre des services de santé mentale aux adultes

depuis 1987, sous la direction d'un conseil d'administration composé de bénévoles. En 2007, l'organisme a élargi ses services pour inclure les personnes âgées de toute la région de Simcoe-Muskoka qui ont besoin de soutien. Les programmes sont financés par le gouvernement, des dons, des subventions et nos propres initiatives de collecte de fonds. L'organisme a vu le jour dans Simcoe Nord et a pris le nom de Wendat en hommage aux Premières nations qui habitaient la région à l'origine. Comme beaucoup de nos clients, ces gens ont survécu malgré bien des difficultés, et vivent maintenant dans la dignité, l'espérance et nourrissent des rêves.

Staff News



Jessica Barnes
*Psychiatric Rehabilitation
Counsellor*

Jessica is a Registered Social Worker who joined Wendat on September 11th, 2017. She completed her BSW at Laurentian University and her SSW at Georgian College. Most recently, she worked for Abilities Rehabilitation Services in Midland and the Community Living Association of South Simcoe.



Dev Singh
P/T Crisis Worker

Dev joined the Crisis Services team in late June 2017 first as a part time casual crisis worker and then moved into the position of part time permanent crisis worker. He is a Registered Social Worker. Dev has extensive placement, volunteer and employment experience with seniors and adults with mental illness. He also works part time at Waypoint.



Naomi Colley
F/T Crisis Worker

Naomi joined Wendat's Crisis Services team on August 16, 2017. She is a Registered Social Worker. Previously, she worked for Dorvict Home & Health Care in Barrie and Horizons Psychogeriatric Program at Waypoint.



Monika Hollander
*Psychiatric
Rehabilitation Counsellor*

Monika joined Wendat on September 11, 2017. She most recently worked as a Housing Stability Worker for the YMCA and as a Crisis Counsellor for the Women's Centre. Monika is a registered member of the Ontario College of Social Workers and Social Service Workers.



Natashja Aitken
Recreation Worker

Natashja joined the team in the social club on April 13, 2017. In her professional life, she has retail and customer service experience. Prior to coming to Midland, Natashja travelled extensively for many years, and was a dancer.



Joseph Weber
Recreation Worker

Joe joined the team in the Social Club as a Recreation Worker on May 9, 2017. His employment at Wendat was made possible through the Employment Program with the YMCA. Joe is completing a Training Incentive Placement Program.



Corinna Scott
Behaviour Nurse

Corinna joined the Psychogeriatric team on September 11, 2017. She is both an RPN and a PSW. Her work history has focused on taking care of geriatric patients.



Susan Grinyer
Payroll Clerk

Susan joined the Finance team on May 8, 2017. She has extensive experience in Accounts Payable, Bookkeeping, Payroll and general administration.



Emily Mulders
P/T Crisis Worker

Emily joined the Crisis Services Team on August 21, 2017. She is a recent graduate with her MSW and is also employed full time at the Family Health Team in Barrie.



Jaime Boyer
P/T Cook

Jamie joined the team at the Senior's residence on July 4, 2017. Jamie has a diverse employment background including retail, administration and management.



Jamie-Lynn LeClair
P/T Cook

Jamie-Lynn joined the cooking team at the Senior's Residence on July 4, 2017.



Patsy Dusome
Community Care Worker

Patsy Dusome rejoined the Wendat team at the Senior's residence on April 5, 2017. She works primarily as a Community Care Worker but is also willing and able to fill in as a Housekeeper and P/T Cook. Welcome back Patsy!

A fond farewell to those who have left their employment at Wendat since the last newsletter. They are: Paula Bleau, Gary Cadeau, Andrew Copegog, Eva Kaiser (repeat retiree) Karen Kegel, Karen Kwan, Brent Leaney, Deborah Madison, Shannon Smith, Sylvia Taillefer, Sandy VanVeld, Stephanie Vaillancourt and Laura Vipond.

"Anticipating problems and figuring out how to solve them is actually the opposite of worrying: it's productive."

— Chris Hadfield, [An Astronaut's Guide to Life on Earth](#)



Reese Quesnelle
P/T Cook

Reese joined the team at the Senior's Residence on May 16, 2017. He fulfilled a Training Incentive Placement Program with Wendat through the YMCA Employment Services. Reese's employment with Wendat has continued past this placement. He is a graduate of Georgian College Food Service Worker Program.



Ian Walker
P/T Cook

Ian joined the team at the senior's residence on August 22, 2017. His employment at Wendat was made possible through the Employment Program with the YMCA.



Breanna Young-Galloway
Housekeeper

Breanna joined the Housekeeping team as the Senior's Residence on May 16, 2017. Her employment history includes caring for children and customer service.



Thank you Simcoe County Quilt Guild!

In July, a representative from the Simcoe County Quilt Guild dropped off a donation of 9 beautiful quilts. Six lap quilts were distributed by a raffle draw to the residents at the Lorna Tomlinson Residence for Seniors. Two twin sized quilts were given to clients of the Case Management Program who were in need of new bedding and a lovely wall hanging was given to the Social Club. *Pictured here, Andrea Abbott-Kokosin Executive Director accepting a quilt from a member of the Simcoe County Quilt Guild.*

Midland Rotary completes pledge to the Wendat Seniors' Residence



In 2016, the Rotary Club of Midland pledged to make a \$50,000 donation towards the landscaping and final construction costs for the Lorna Tomlinson Residence for Senior's operated by Wendat Community Programs. The club made their second and final donation of \$25,000 on May 24th, 2017 at the Random Act of Kindness event on the town dock.

Picture: Midland Rotarians with Wendat staff and clients



New Partnerships

Submitted by: Sherry Allan, Program Manager

Situation Table

In August the North Simcoe Situation Table meetings moved to Wendat. In Ontario this model was first introduced in 2012 in Rexdale. The model dates back to the 1990s in Boston and Cincinnati. These meetings are held Wednesday mornings. The Situation Table is a collaborative, integrated multi-agency team striving to build safer and healthier communities through the mobilization of resources to address individuals/families with acutely elevated levels of risk. The goal is for the multi-agency team members to get in front of the incidents and mitigate the risks to not only reduce harms, but also reduce the demand for emergency responses. On average 15 agencies participate. As a result of the meetings there has been a greater collaboration of agencies for clients.



Wendat and the North Simcoe Assertive Community Treatment Team (ACTT)

Starting in September Wendat's Case Managers

and the North Simcoe ACCT will be running a group together. It will be a Cooking and Social Leisure Group. There will be 6 clients from ACTT and 6 from Wendat. They all will be part of the planning, making and cleaning up of a meal. They will be involved in planned leisure activities. At present it will be only one day per week but the plan is to expand to 2 days in the future.

YMCA Employment Services

The YMCA Employment Service Centre offers employer information and support for training. Their employment specialists can recommend wage subsidies for employers depending on the training needs of the worker and the wages of the job. Wendat has worked with the YMCA Employment Services to create placements for 5 individuals since the Spring of 2017. We look forward to continuing this valuable partnership.

Crisis Service Update

Submitted by: Deborah Montgomery, Program Supervisor



In collaboration with the Municipality of the Township of Georgian Bay and Psychiatrist Dr. James Karagianis, Wendat Crisis Services will be offering counselling to clients needing mental health support for up to six sessions of Solution Focused Therapy. This service will be provided out of Port Severn with referrals being made by Dr. Karagianis beginning in early September 2017.

Walk-in Counselling Clinics in Simcoe County

Walk-in Counselling Clinics provide free single session counselling on a drop in basis and offer quick access to support for individuals, couples and families. No appointment is necessary!

Quick Access Mental Health Walk-In counselling for immediate mental health issues is an innovative and effective solution for Ontarians experiencing mental health concerns, including anxiety, depression, addictions, and relationship conflicts. It has proven to divert Emergency Department mental health visits by tackling mental health issues before they erupt into a crisis. Additionally, a reduction in primary care usage is realized when Quick Access Mental Health Walk-In counselling services are available and accessed.

Statistics collected show that the number of clients using this service has increased significantly. In the past year, 1800 individuals were supported by this service with 70 diverted from emergency departments.

This free Walk-In Counselling Service is provided in several locations throughout Simcoe County and Muskoka including Midland, Barrie, Collingwood, Orillia, and Bracebridge. This service is provided by Catholic Family Services and their partners Wendat Community Programs, The Canadian Mental Health Association Muskoka/Perry Sound, Canadian Mental Health Association Simcoe County, Chigamik Community Health Centre, New Path Youth and Family Services of Simcoe County and Waypoint Centre for Mental Health Care.

The Midland walk in clinic is located at the Chigamik Community Health Centre at 845 King Street every Tuesday from 10:30 am to 5:00 pm.

**Wendat Social Club Update:
Submitted by: Darlene Forget**

Our goal is to meet the members' needs through recreation enhancing their physical, social, cognitive and emotional well being by developing relationships in the club and within our community. It is also important to us to partner with other groups whenever possible.

Over the summer, the club provided opportunities for the members to get involved in many new ways. Robin, the lead recreation worker, and Bonnie worked diligently for 3 months assisting the members in creating dynamite costumes for both the Pirate and the Steampunk outings. They learned how to alter used clothing into themed attire that could be adapted for future events. The Steampunk photo shoot went forward despite loud cracking thunder, as it was scheduled on a very stormy night. The weather cleared Saturday for an absolutely engaging afternoon in Coldwater. Wendat supported the Georgian Bay Hospital by

travelled to Discovery Harbour for a photo shoot on the Pirate ship and toured the grounds.



Members enjoyed exploring the Bayside Market in Penetanguishene and listening to new music provided by bands. Stephanie, hosted cooking nights, using the Good Food Box. This is a cheap, economical way to provide 3 meals once a month for \$6.00.

The Ladies Fill Your Cup Group, with Case Manager Rhonda, participated in a community Drum Circle and Meditation with Horses over the summer. The group will resume in

September with a full agenda of exciting events lined up. The most popular event this summer was "Bring a Toonie for Ice Cream in Wyevale". It was offered each



summer month and the vans were full! Apple picking is yet to come in September. We will be learning how to make apple pies to be used for a Wednesday dinner. Halloween brings witches, wizards and warlocks and oodles of crafting ideas to explore. We have plans well into next year. Be sure to check out the Activity Binder. Transportation is provided by Wendat for all outings. Come and join us!

For the next costume project, the ladies will be creating their own witch costumes for the Witches Walk in Coldwater along with very "funky" witch shoes. We will then roll into "It's an Alice and Wonderland Christmas." Monica has put hours of work into designing our piano around that theme. I am so proud to have such a dedicated team who enjoy being creative and trying new things. Thank you team!



**Toute la Gang!
S S Keewatin World Record
Pull**

Earlier this spring, the SS Keewatin needed to move 350 feet to accommodate for a \$1 million dollar restoration on the old docks at the foot of Talbot Street. The Friends of Keewatin hosted the SS Keewatin World Record Pull on Saturday, April 22, 2017. Citizens were invited to help pull the ship to its new home. The hope was to get a place in the Guinness Book of World Records for pulling a ship using human hands, and to raise funds for the Radio for Cardiology drive at the Royal Victoria Hospital in Barrie. Wendat organized a team, The "Wendat Super-Heroes", to participate in the event. The cost was \$20 per 'puller'. Donations were also welcomed. They gathered over 750 people to pull the 8 million pound ship 150 feet! Approximately \$20,000 was raised for the cardiac unit at RVH. Thank you to those who participated in the event and to everyone who supported the Wendat Super-Heroes via donation. It was a great day had by all!



A few of the female club members also participated in a lovely fairy photo shoot at the beach and in the forest .



attending their barbeque at Honda prior to the Steampunk Festival. It was fantastic to see our own members have the courage to strut across the stage with such pride while displaying their attire in the costume contest. Our own Robin won 2nd prize!



Thank you to Lafontaine Campground for hosting our Pirate Day this year. It was well attended. The crew of pirates then

The Back Page

13th Annual Boston Pizza/ Wendat Charity Golf Tournament

June 26, 2017 @

Brooklea Golf & Country Club

We have broken records again!

Raised in 2017

\$40,832.34

All 93 sponsors are displayed on signs hanging in Boston Pizza!

Please remember to support our sponsors!

They are supporting us!



2017 Tag Days:

WANTED:

VOLUNTEERS

Please contact

Verna

@ **705-526-1305**

Our next tag day in

Midland Penetang

will be held on

September 29th and

30th.

Remember to sign up

and volunteer!

SEGBAY 
Chamber of Commerce
4th Annual GBGH Golf Tournament
Raised \$13,000 for Wendat
Thank you for your support!

How to Reach Wendat

Website:

www.wendatprograms.com

237 Second Street, P.O. Box 832
Midland, ON L4R 4P4

Main Office: 705-526-1305

Fax: 705-526-9248

Dufferin St: 705-355-1022

Fax: 705-355-1026

We also have voice mail for those times when no one is available to answer the phone or you wish to leave a private message.



Scotiabank matched the mulligan sales from the 13th annual Boston Pizza Wendat golf tournament. A total of \$1,030 worth of mulligans was sold at the Golf Tournament on June 26, 2017. Kathy Watson of Scotiabank, pictured holding cheque on right, along with her colleagues presented the

cheque for \$1,030 to Andrea Abbott-Kokosin of Wendat, pictured on left.

You may donate on line at canadahelps.org

Please visit the website

www.canadahelps.org, scroll down to

“Search by Charity Keywords”, enter

“Wendat” and press Search. Click on

Wendat Community Programs to make a

donation.

Thank you.

