## Wendat Social Club Proud From 1 Club



**Proud Fundraising Partner with** Delta Bingo Penetanguishene

	Delta Bingo F					
	January			2025		
Sun	Mon	Tue	Wed	Thu	<u>Fri</u>	Sat
			CLOSED  Happy  Heavy Year	Design your paintbrush holder Day 1  1 – 3 p.m.	CREATIVE PLAYDATE  Exploring Colour 12:30 - 3	4 Lasagna Soup, Garlic Bread 11 – 2 p.m. paint- brush holder Day 2
10:30 a.m.  Soup for the Soul	6	7 2025 Future You 1-3 MENTAL HEALTH MATTERS	8 Beef Stew/ Bun Shabby Angel Junk Journal Cover  Cardboard Angel Wings  11 a.m. – 2:00	9 - 11:30 Closed Group Light Chair Stretching Conversation Starters Slow Stitch 1 – 3 p.m.	Creative Playdates 12:30 – 3 p.m.	11 Bacon/Cheese sandwich broiled  Karaoke 11- 2 p.m.
12	13	14 2025 FutureYou 1-3 MENTAL HEALTH MATTERS	Chicken Alfredo  11 a.m. – 2 p.m.	Yomens Creative Connection  9 – 11:30 Closed Group  Light Chair Stretching  Conversation Starters  Slow Stitch 1 – 3 p.m.	Creative Playdates 12:30 – 3 p.m.	Chicken Wings and Fries  Movie and Popcorn 11 – 2 p.m.
10:30 am.  Soup for the Soul	20	21 12-3 Let's Celebrate You Manifesters Luncheon 1—3  MENTAL HEALTH MATTERS	22 Super Cheese Macaroni Casserole Easy Watercolour Salt Landscapes	23  Vomens  Pealive  Connection  9 – 11:30 Closed Group  Light Chair Stretching  Conversation Starters  Slow Stitch 1 – 3 p.m.	CREATIVE PLAYDATE  12:30-3 pm	Homemade Soup, Grilled Cheese  Winter Wonderland Wye Marsh Walk 11 – 2:30 p.m.
26	27	1-3 pm  MENTAL HEALTH MATTERS	29 Beef Stroganoff  Neutral Valentine Junk Journal cover 11 a.m. – 2 p.m.	30  Womens  realive  Cannection  9-11:30 Closed Group  Light Chair Stretching  Conversation Starters  Slow Stitch 1-3 p.m.	2:30 – 3 p.m.	